

JB Kung Fu return to training information for students:
Covid-19 Policy



We have the following policy in place to ensure the health and safety of all. Please read carefully before returning to training and if there are any questions please ask.

- **Please DO NOT come to class if you are showing any symptoms of Covid-19(temperature, cough, difficulty breathing, or anosmia e.g. loss of taste or smell)**
- Please do not gather in hallways or outside the church before class begins, for your safety and for that of other groups leaving their class. Early arrivals should wait at a safe distance or in own vehicle until the doors are open to the hall.
- In the event of any class member or a member of their household developing symptoms of Covid-19 (in line with government guidelines) a period of self-isolation of 14 days or confirmation of a negative Covid-19 test will be required before returning to class. If a class member develops or displays symptoms during class, they will be requested to leave the class immediately and follow this guidance.
- Contact details will be requested on arrival to class for internal contact tracing to ensure swift and accurate action on confirmation of a class member testing positive for Covid-19. Details are stored for a maximum of 21 days and held securely in line with GDPR guidance. The only time your details will be shared is if we are contacted by NHS Test and Trace services and requested to do so.
- There is a one-way system in place, please observe this for the smooth running of our classes. Entry is via the main church hall doors. Exit is via the fire exit in corner of hall.
- Please only bring essential items to class. A pre filled water bottle is advised as we do not have access to the hall kitchen, a jumper or coat (windows and doors will be propped open to increase ventilation) and your own equipment (gloves, gum shield, pads etc). Any bags or additional essential items are to be stored safely at the edge of the hall on the stage area.

- Only class members are allowed access to the hall, family members and friends are not permitted to enter the hall to collect or watch classes to ensure we comply with venue and government guidelines.
- Social distancing must be maintained with those not in your training bubble. Contact training with others (unless from the same household) is only allowed within training bubbles. You will be assigned a training bubble during class. Certain rules around contact must be adhered to which will be made clear at the beginning of the session.
- We will only have access to the disabled toilet. Disinfectant spray or wipes will be available to use for handles and taps before and after use, please be respectful of others and wipe surfaces you have touched as you leave.
- Hand gel will be provided, you are welcome to bring your own if you prefer, and we encourage frequent hand washing. We ask everyone observes good hand hygiene practices on entrance and exit to the hall at all times.
- Items normally shared between students will be strictly limited to essential items only and are to be cleaned thoroughly between uses.
- Face coverings – [current government advice](#) on face coverings must be followed. Currently the use of face coverings is not required during exercising but must be worn on arrival, during discussions and when moving around the premises.
- The hall will be thoroughly cleaned before class and cleanliness will be maintained during class where required on surfaces and areas frequently used (light switches and door handles etc)
- Electronic payments are preferred where possible please to minimise risk of cross contamination when handling cash.